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Updates from Growing Minds Australia

Here is a snapshot of what the GMA team has been up to this Spring



GMA Annual Scientific Meeting - Meeting of the Minds 2024

GMA is excited to announce our first ever in-person Annual Scientific Meeting (ASM) for 2024 sold out. We are so honoured that so many people wanted to join us in person, after many years of working virtually all over the country. Attendees will participate in workshops, research presentations and a key note presentation from honoured guest, Prof Peter Fonagy.

We look forward to an informative and collaborative few days together with attendees at our ASM. Keep an eye out for key project updates and announcements that will be shared with all our members following the event.



GMA Executive Officer Update:

Growing Minds Australia would like to thank Dr Trish Nowland, our former Executive Officer, who was with our team from the very beginning. We wish her all the best in her new role and hope she will remain connected as a GMA member and an active contributor to GMA activities. We thank her for her commitment, energy and everything she has done for GMA to get it where it is today.

We are pleased to announce that we have appointed a new Executive Officer of GMA. Dr Talia Carl is an early career researcher at the

Early-Mid Career Researcher Network

Growing Minds successfully launched the EMCR Network in April of this year. Following two successful general meetings, new members have been welcomed and participated in research funding workshops, virtual coffee connections, power writing sessions and most recently our first ever GMA EMCR Webinar: How to think about, and develop, a career in child and youth mental health that you love (i.e., a reinforcing career) with Professor Matthew Sanders.

This talk centred around the career development opportunities for all aspiring EMCRs and provided valuable insights and tips on building a sustainable career. It was a fantastic opportunity for EMCRs; and we look forward to future opportunities for EMCRs to participate in upcoming webinars.

All EMCR members will have access to view this talk, as well as learn more about upcoming events. We are always excited to have new members join the Network!

If you wish to be part of our vibrant EMCR Network and attend our curated events, first ensure you are signed up as a GMA member. Then, simply email us at growing-minds-australia@sydney.edu.au expressing your interest in joining the EMCR Network.

For more information, see details

University of Sydney. She has a plethora of experience in providing operational leadership and project management on a range of research projects in child and youth mental health (including anxiety and externalising problems), as a post-doctoral research fellow and lecturer. She has also been responsible for development, implementation and co-ordination of longitudinal experimental research projects and large-scale clinical trials, evaluating the efficacy of various digital and face-to-face interventions for anxiety and related disorders. Most recently, co-managing the Growing Minds Check-In project, a flagship trial of Growing Minds Australia (GMA). She is passionate about conducting research that helps improve the mental health and wellbeing of children and young people and increasing access to evidence-based interventions. She is committed to driving innovation in research involving collaboration across organizations and with external stakeholders and has exhibited excellence in her ability to deliver world leading research.

As well as being our newly appointed Executive Officer; was previously part of the Growing Minds Check-In leadership group, is part of the GMA EMCR leadership group and will also be continuing her work on the First Nations adaption of the Check-In funded by Australian Rotary Health.

I am sure we are very lucky to have her and on all our behalf, we would like to welcome Talia to the team.

here: [Early Mid Career Researcher Network - Growing Minds Australia](#)

**Early-Mid Career
Researcher Network Grant
Deadline**

A final reminder that applications for the Growing Minds Australia EMCR Research Fund are due by COB **Thursday 21st December 2023.**

For any enquiries please forward them through to growing-minds-australia@sydney.edu.au

Thankyou to our Members

As the year draws to a close we want to thank all the GMA Members and contributors who have helped make 2023 such a fantastic year for our project. We wish all our members a happy holiday season and look forward to collaborating with you again next year.

Close Down Period

GMA will be officially shut down in accordance with the University of Sydney Close down period. We will be closed from **Friday 22nd December - Reopening for business on Monday 15th December.** Any calls and emails sent through during this time will be followed up in the new year.

Opportunities to join GMA have now opened

Postgraduate Scholarship – Aboriginal and Torres Strait Islander PhD Candidate

Please click the link for more information click [here](#).



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