

## **Updates from the GMA Team**

The GMA team have been busy, working towards getting the project moving.



#### **AACBT Presentation**

GMA Members Mark Dadds, Jaimie Northam, David Hawes, Trish Nowland and Olivia Liew travelled to Melbourne to present at the 2022 AACBT Conference in October. GMA Members advocated for 'Innovations in Australian clinical child and youth research'.

Presentations focused on:

- The Growing Minds Australia clinical trials network in child & adolescent mental health: progress & challenge
- Developing the Growing
   Minds Check-In: a systematic
   review and scoping study
- Lived experience in child and youth mental health -

2022 Growing Minds Australia Non-Responders Research Endorsement grants

Congratulations to the applicants who have progressed to the next round in the Non-Responders Research Endorsement grant rounds:

Professor Jennie Hudson - Nonresponders Personalised Care in
Anxiety Disorder Treatment
Professor Ron Rapee - Nonresponders Guidelines for Anxiety
Disorder Treatment
Professor Mark Bellgrove - Nonresponders Treatment for co-morbid
ADHD/ASD diagnosis

GMA Members wishing to be a part of the process, please click the Eventbrite link to reserve your tickets to attend the presentations for the next round:

https://www.eventbrite.com.au/e/growing-minds-australia-non-responders-research-endorsement-presentations-tickets-461529706777

reshaping parenting intervention delivery

 Stepped care assessment and intervention (CBT innovation in child and youth mental health)

For further information regarding the conference or updates from AACBT please go to their website: https://www.aacbt.org.au/



# Australian Evidence- Based Clinical Practice Guideline for Attention Deficit Hyperactivity Disorder

An announcement for folks who work with children or young people experiencing symptoms consistent with ADHD, from GMA investigator, Professor Mark Bellgrove:
The Australian ADHD Professionals Association (AADPA) has announced that it has made available an evidence-based clinical practice guideline for ADHD, launched on the 5th of October 2022.

The Guideline has been approved by the Australian National Health and Medical Research Council (NHMRC) following a rigorous peerreview process and has been endorsed by major medical and allied health professional colleges and organizations.

The guideline is, in part, an update of the NICE 2018 Guideline, with

Monday 21 November 2022 1:00pm - 2:30pm

#### **I-CEPS 2023 Congress launch**

Growing Minds Australia gladly supports the recently launched International Congress on Evidence-Based Parenting Support (I-CEPS) facilitated by Parenting and Family Research Alliance (PAFRA) as a gold sponsor. GMA Members will be presenting at the congress in June 2023, and registration opens in October 2022. Find out more here: https://www.i-ceps.pafra.org/

#### **Child Case Study Library**

Calling GMA members to support the work of the Dr Laura Hart at the Melbourne School of Population and Global health, working on a GMA Flagship Trial on the development of a Mental Health Literacy Strategy, seeking to establish a Child Case Study Library. If you work as a clinician with primary school aged children (apx 5 to 12 years) we would love to have you contribute to the Child Case Study Library by filling in a Submission Form. This should only take about 5 minutes and will provide all GMA members with a valuable resource once complete! More information is provided in our briefing document.

If you would like to fill in the submission form or read further through the briefing document, please email growing-minds-australia@sydney.edu.au

Australian context. The guideline and associated material, including Fact Sheets, are available at the link below in searchable digital format and for download. Further collateral will be added to the site over the next month, including a Consumer

https://adhdguideline.aadpa.com.au/

We look forward to your contributions in helping to shape these projects into world-class trials.

#### Opportunities to join GMA have now opened

Postgraduate Scholarship -Aboriginal and Torres Strait Islander PhD candidate https://growingmindsaustralia.org/po stgraduate-research-fellowships/

### **Your Child and Youth Mental Health Research links!**

If you have anything you would like to communicate to our investigators or members that is child and youth mental health related, please send it to us at growing-minds-









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#### Our mailing address is:

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