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GMA Network Updates

The Growing Minds Check-In is now available!

Dr Jaimie Northam and team are excited to announce the launch of the Growing Minds Check-In for Parents study is now live! The Growing Minds Check-In is GMA's first flagship trial and has been designed to be a mental health and wellbeing check-in tool for parents of children 0 - 17 years. The Check-In is short and combines subjective reports of mental health and wellbeing concerns with some established measures of child development and wellbeing. Participants receive feedback about their concerns and how their child compares to others of a similar age, in age relevant domains of wellbeing. Recommendations are then provided for free or low-cost programs and information that are available for immediate access online. This tool has been three years in the making and is a true GMA collaborative effort. We are very proud and hope you like it.

The Check-In is currently only available to the public via the research study. We're hoping to reach our study target numbers quickly, so we are able to use the results to enhance the tool and then make it freely available.

We would greatly appreciate you sharing the Growing Minds Check-In study with your networks. We are excited to keep you informed about the results.

You can check out the Check-In here: <https://growingmindscheckin.au/>

Current Grant Opportunities

NHRMC has announced its 2024 Clinical Trials and Cohort Studies Grant. This

scheme is open to research proposals or clinical trials/ cohort studies of any size. For more information click the link [here](#):

If you would like to apply for Endorsement of your grant by GMA prior to submission, please email growing-minds-australia@sydney.edu.au for more information.

Endorsement by GMA signals to funders that the application has already undergone a peer review to ensure that it (1) is aligned with the values and priorities of the CTN (in GMA this means it addresses questions of key importance to child and youth mental health stakeholders in Australia); and (2) incorporates appropriate plans for what we refer to as the GMA core methods for trial development and implementation, including stakeholder consultation (e.g., lived experience; co-design), a clear statistical analysis plan, a strategy for translation, and health economics (along with appropriate budgeting where relevant).

EMCR Network

Webinar

[Professor Mark Dadds](#) presented to the [GMA EMCR group](#) on Tuesday 16 July 2024 on **refining our grant pitches**.

The next EMCR webinar, titled "Tips on Managing Clinical Data," will be presented by Mr. Stephen Hearps on September 6th, 2024, from 10:30 a.m. to 12:00 noon.

EMCR Membership

If you would like to sign up to be a part of our EMCR Network click [here](#) or if you are an existing EMCR Network member and would like to watch the recording of this or any of our previous webinars contact us at growing-minds-australia@sydney.edu.au

Congratulations

Order of Australia Medal

Growing Minds Australia would like to congratulate two of our Chief Investigators and Members, who were both appointed Member of the Order of Australia (AM) in the King's Birthday Honours. Prof. [Sharon Goldfeld AM](#) at [Murdoch Children's Research Institute \(MCRI\)](#) for significant service to paediatric medicine as a clinician and academic, and to public health research and Prof [Jackie Curtis AM](#) at [Mindgardens](#)

[Neuroscience Network](#) for significant service to medicine, particularly as a mental health clinician and researcher.

New Appointment

EMCR Leader

GMA Congratulates Dr. Frances Doyle, the chair of the GMA EMCR Network and a GMA Chief Investigator, on her new appointment to Senior Lecturer at School of Psychological Sciences at Macquarie University in NSW.

Recent Events

Parenting and Family Research Alliance (PAFRA)

How are parents faring?

Understanding how parents are faring is critical to delivering better outcomes for children, because evidence shows a powerful connection between parent wellbeing and child wellbeing. The Parenting Research Centre's Parenting Today in Victoria survey is a comprehensive look at the concerns, needs and behaviours of parents. Repeating the survey regularly provides an opportunity to measure changes in parents' experiences to ensure that parenting policies and programs can reflect families' contemporary experiences. Research briefs from the latest survey conducted in 2022 cover issues including how fathers are faring, child mental health and parent help-seeking and participation in parenting programs. Find out more - <https://www.parentingrc.org.au/ptiv/>

For further information and any upcoming events, see the PAFRA seminar page: <https://www.pafra.org/seminars/seminar-kienhuis-wade>



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